

Hollis YOGA

The Om Studio for wellness,
yoga and community

Hollis YOGA, for wellness, yoga and community

3 Hollis Village Marketplace,

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(603) 617-4955 www.hollisyoga.com



Summer Offer

DURING THE WEEK, TAKE THREE CLASSES

AND THE **THIRD CLASS IS FREE**

OFFER BEGINS JUNE 2ND, AND ENDS SEPTEMBER 1ST

MORE FOR MORE !!

** MORE YOGA ** ** MORE COMMUNITY ** ** MORE JOY **

MORE YOGA — MORE VALUE !!

Yoga practice is an intimate, personal journey into mindfulness — a journey which enriches and enhances lives in a profound and powerful way ...

"The quieting of the mind is brought about by constant practice and non-attachment" Patanjali's Yoga Sutra 1.12



During this period, unlimited monthly members will received a 10% discounted, and twice a week monthly members may attend three times a week